Dive'n Times SJ Scuba

PADI Dive Training Team & Dive Travel Club

Fall/Winter 2002 Volume 21

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2003 Class Schedule

February 27th Free Discover Scuba YMCA
March 6th 6-Week Class YMCA
April 19-20 Weekend Class YMCA

May 9th-16th Branson IDC Instructor Course

May 17th-18th Branson IE

May 31-June 1 Open Water Weekend June 13-15 Weekend Class YMCA

June 21-28 Florida Trip

July 12-13 Open Water Weekend (Advanced)

August 1-2-3 Weekend Class YMCA

Florida Keys June 21st-28th, 2003

Join SJ Scuba and crew in the Florida Keys for a week of diving and fun in the sun with It's A Dive of Key Largo, June 21st to June 28th, 2003.

Former SJ Scuba Instructor John Stuart will be our local dive tour guide for It's A Dive. This week-long Saturday to Saturday package includes RT air from Kansas City to Fort Lauderdale with ground transportation by rented vans to Key Largo, where we will be staying in 2-Bedroom Condo's that include a full Kitchen, washer, dryer and on site restaurant. The vans will remain with the group and will be available for day trips, shopping and site seeing.

Our week of diving with It's A Dive includes twelve (12) 2-Tank boats (24 dives total) and an optional one-Tank Night Dive for \$45.00 per diver. Several wreck dives are planed, including the recently sunk Spiegel Grove. The Spiegel Grove is a 510 ft. landing ship dock lying on its side in 130 feet of water. The centerline of the ship is at about 90 ft. The descent lines are attached to the hull at approximately 50 feet. On Friday, divers will choose between a day of diving or a day long trip to Key West for shopping, site seeing and fun in the sun.

Estimated cost per diver is \$1245.00 with a nonrefundable deposit of \$100.00 due upon sign-up with additional deposits of \$250.00 due October 1st, 2002 and January 1st, 2003. Group size will be limited, so sign up early to ensure you don't get left behind.

Weekend Scuba Class December 13-14-15 2002

SJS's next Weekend Open Water Certification class at the St. Joseph YMCA will be held on December 13th-14th-15th. Students need to arrange to pick up their class materials by December 6th to ensure enough time for reading the student manual, watching the video and answering the knowledge review questions. Please contact Ernie Miller or Cindy Burri.

Headed Out for a Dive Trip??

Don't forget to pack these handy items in your luggage!

Mask Fins Snorkle Regulator BCD

Weight Pouches (if needed)

Booties
Wetsuits
Dive Computer
User's manual for Computer

Gauges Clips to hold Gauges

Camera / Camcorder / Film/Tapes Save a Camera Kit

Extra batteries for lights, cameras, computers

Safety Sausage Save a dive Kit

Extra Mask and Fin Straps Tank lights for night dives

(many places will not let you use glowstix)

Slates Tables

Industrial Spit

Flashlights Pocket mask

Mesh Dive Bag

Bungee Cords Loabook

Certification Cards

Sunglasses Sandals

Swimsuits

Candy for the Boat Insect Repellant

Books/Magazines
SJS T-shirt for the trip home

Sunblock
Tip money



Upcoming Instructor Development Courses

SJ Scuba – St. Joseph – starts January 11th Scuba Adventures – Kansas City – starts Jan 4th

M/V Wind Dancer Live-A-Board at Grand Turk

Thanksgiving 2003



Join the SJ Scuba Crew for a fun-filled week on board the M/V Wind Dancer out of Grand Turk for a seven night voyage Thanksgiving week 2003 in Grand Turk. We depart Grand Turk on Saturday from the government dock in Grand Turk. This is an all inclusive luxury dive vacation including Air, Transfers, Port Fees, Meals, 27 Dives and free Alcoholic Drinks. All you provide is the fun!

Grand Turk, the lower chain of the Turks and Caicos Islands, provides some of the best virgin diving to be found in the Carribbean. Aboard M/V Wind Dancer, our 7-day cruise will include diving the Grand Turk, Salt Cay and South Caicos outer islands as we explore the southern and eastern islands of the Turks and Caicos. A brief stop on Salt Cay is planned to revisit the island and Salt Cay Divers.

SJ Scuba has booked the entire boat for this annual Thanksgiving trip. Departing on Saturday morning from KCI, we arrive Saturday afternoon in time for a late afternoon departure from Grand Turk.

Space is limited to 20 persons, with several spots already filled from the canceled Palau trip. (Peter Hughes no longer has a boat in Palau during Thanksgiving.) A nonrefundable deposit (Deposits may be transferred to another person) of \$250.00 per person is due upon sign up, with additional deposits required January 1st, 2003 and May 1st, 2003. Final payment due August 15th, 2003. Estimated cost \$2,350.00 per person.

Dominica

June 5th to June 12th 2004

SJ Scuba is returning to Dominica and Castle Comfort Lodge in June 2004 for a fun-filled week of diving and exploring the island. Our hosts will be Castle Comfort Lodge and Dive Dominica.

Our all-inclusive package includes RT Air from KCI, Lodging with Castle Comfort Lodge, 5-days of 2-tank diving with Dive Dominica, a Night dive or third afternoon dive and meals. (Breakfast and Dinner) Lunch is not included.

Dominica offers as much adventure above the water as below. Water falls, lakes and rain forest make for a fun-filled week above the surface. Below, diving in a underwater volcano is an experience second to none.

An overnight stay Friday night in San Juan is planned, giving the group time to shop and see San Juan before continuing on to Dominica Saturday afternoon.

Estimated cost is \$1950.00 for a diver and \$1,650.00 for a nondiver. Deposit of \$100.00 required to sign up with an additional deposits of \$250.00 due January 2003, July 2003 and January 2004. Trip size will be limited to 26 total.

Australia Adventure Trip & Live-A-Board

May 27th to June 12th 2005

Take a dive on the wild side with SJ Scuba and the Undersea Explorer. SJ Scuba and crew is headed down under to the Great Barrier Reef and Australia in June of 2005. This 17-day adventure packed trip includes 6 days on the live-a-board boat the Undersea Explorer, four days in the Outback and Rain Forests of northeastern Australia, including a trip to the Coral Sea, Sydney, Cairns and Port Douglas.

May 27th	Day #1 Depart the US for Sydney late afternoon from LA
May 28th	Day #2 In Transit (we loose a day)
May 29th	Day #3 We arrive in Sydney, clear customs, bus to Hotel
May 30th	Day #4 Sydney Radisson Hotel
May 31st	Day #5 Sydney Radisson Hotel
June 1st	Day #6 Fly to Cairns, Transfer to Daintree Rainforest
June 2nd	Day #7 Hotel Frentree Resort in the Rainforest
June 3rd	Day #8 Bus to Port Douglas Hotel in Port Douglas
June 4th	Day #9 AM Tour & Divers Board Undersea Explorer
June 5th	Day #10 Quicksilver Low Isles Day tour
June 6th	Day #11 Non-Divers bus to Cairns for day of shopping
June 7th	Day #12 Non-Divers Best of Kuramda Day Tour by Train
June 8th	Day #13 Non-Divers take tour to Outback
June 9th	Day #14 Non-Divers return to Cairns
June 10th	Day #15 Divers return and bus to Cairns to re-join group
June 11th	Day #16 Hotel in Cairns, Shopping and Site seeing
June 12th	Day #17 Return to US - Arrive same day Sunday evening

About the Undersea Explorer and the Diving

This adventure diving expedition is designed to encompass an incredible range of reef diving, visiting some of Australia's most amazing coral reefs while exploring Ribbon Reefs of the Great Barrier Reef and then we will journey far out into the Coral Sea; destination "Osprey Reef. This is one of the world's most awesome sea mounts, rising 1000 meters (3,280 ft) from the ocean floor. True Adventure! True Wilderness! Experience incredible visibility, Big Pelagic Action, Abundant Sharks and Rays and massive Gorgonian and Soft Corals. In addition, you can join in the nautilus surveys and the ongoing shark and coral research studies. Dwarf Minke Whale Expeditions Experiences include Documenting whale encounters, often with multiple whales for many hours. Recording, hearing and feeling whale vocalisations and researching whale and human interactions. Adventure Diving and Research Expedition! All proceeds go to Research and marine conservation. Each trip includes working marine research projects and researchers, which give each diver the opportunity to work with and assist in discovery of new marine creatures, observation of behaviors and natural events along with environmental educations.

Estimated cost is \$4,500.00 for a diver and \$4,000.00 for a non-diver and includes RT air from KCI, lodging, diving and transportation. Non-refundable deposit of \$250.00 required to hold space with additional deposits of \$250.00 due July 2003, January 2004, July 2004 and January 2005.

Final cost may vary, depending on the current currency rate exchange.



PADI introduced their new Emergency First Response course at the fall DEMA show in Las Vegas. The EFR course is divided into two courses, Emergency First Response Primary Care (CPR) and Emergency First Response Secondary Care (First Aid). Both courses teach people how to provide emergency care for someone in need. These courses make learning easy by providing a non-stressful environment in which participants practice and apply emergency care skills. The courses are designed to help participants remember appropriate emergency care procedures during times of need and encourage them to apply those procedures by assisting those needing emergency care.

Emergency First Response Primary and Secondary Care courses are based on internationally recognized medical guidelines for emergency care guidelines produced through a consensus process of practicing professionals in the emergency medical field.

The courses includes a session on the use of an Automated External Defibrillator (AED), use and care of oxygen equipment and procedures for administering along with choking of an adult.

EFR meets or exceeds the standards set by both the American Heart Association and the Red Cross, can be taught in four hours and is supported by home study workbooks and videos.

SJ Scuba will be conducting a EFR course on Saturday. January 11th from 9:00 AM to 1:00 PM. Students must sign up and pick up their home study materials by January 4th, 2003.

EFR Instructor & Crossover Training

Attention PADI Divernasters, Assistant Instructors and Instructors. SJ Scuba's PADI Course Director Ernie Miller will be conducting an EFR Instructor & Crossover Training Program for EFR Instructors November 16th from 9:00 AM to 3:00 PM. Cost of the Crossover course, including Instructor Manual, Video all required training materials, is \$125.00. Contact Ermie Miller at 816-233-8344 or email erniem@sjscuba.com

Dive gear and the Airlines

Some airlines are starting to charge extra for dive gear. Most will look the other way if you do not call it to their attention and do not overweight the bags. If the limit is 60 lbs, keep your bags under 55 lbs. Pack clothes in with your dive gear. If they ask what's in your dive bag, simply say, "clothes and other items." Try and keep markings that call attention to diving off the outside of the bag. Carry on your cameras, dive computers and regulators in a carry-on bag. Remember, many overseas flights now limit you to one (1) carry-on bag. However a purse does not count. Guys, just tell them your second carry-on is your purse.

PADI Assistant and Instructor Course (IDC)

SJS's PADI Course Director Ernie Miller will be conducting a weekend format IDC starting February 25th, 2003 in St. Joseph Missouri and a 8-day IDC in Branson Missouri May 9th to May 16th 2003, with the PADI Instructor Examinations to be held May 17th & 18th 2003. Please contact Ernie Miller at 816-233-8344 or email erniem@sjscuba.com

"Tobago of the West Indies"

November 20th to 27th 2004

SJ Scuba is heading to Tobago in the West Indies for a week of diving and fun. Tobago and Trinidad are located in the southern Caribbean just a short distance from South America. An island Columbus never saw, Tobago has changed hands may times, from Dutch to French to British, back to French and finally becoming a British Crown Colony in 1889. A small island at 30 miles by 7 miles, Tobago is completely covered by mountains and rain forest.

Our all-inclusive package includes RT Air from KCI, Lodging at the Blue Water Inn, 6-days of 3-tank diving with Aqua Marine Dive Ltd. Our meal plan includes Breakfast, Lunch and Dinner. Aqua Marine Dive Ltd is a PADI 5-Star dive center and is located on the property of the Blue Water Inn.

The Blue Water Inn has 38 air-conditioned rooms with a balcony or patio and its own distinctive view of Batteaux Bay, Glover's Island and Little Tobago. The Fish Port Restaurant serves local seafood, their specialty.

Divers will encounter Giant Manta Rays, Turtles, Moray Eels, Eagle Rays and over 70 species of coral, including giant brain corals. An overnight stay Friday night in San Juan is planned, giving the group time to shop and see San Juan before continuing on to Tobago Saturday afternoon.

Estimated cost is \$1,950.00 for a diver and \$1,650.00 for a non-diver. Deposit of \$100.00 required to sign up with additional deposits of \$250.00 due July 2003, January 2004 and July 2004. Trip size will be limited to 30 total.

Travel Tips for the Scuba Diver Ten things to think about.

- 1. Do not expect to find things to be like at home. Remember, you left home to find things different.
- 2. Do not take anything too seriously. A carefree mind is vital to a good vacation.
- 3. Do not let other travelers get on our nerves. You paid good money to enjoy yourself.
- 4. Do not forget: you are a representative of your country at all times.
- 5. Try not to worry, because he or she who worries will have no fun. Remember that few things in life are fatal.
- 6. Know where your passport is at all times because a traveler without a passport is a traveler without a country.
- 7. As a stranger in a strange land, be prepared to do as its people do.
- 8. Do not judge all people of a country by the actions of one person who has given you trouble.
- 9. Learn how to say thank you in the language of the county you're visiting. A sincere thank you, along with a sincere smile, doubles the value of any tip you may give.
- 10.Remember that you are a guest and those travelers who treat their hosts with respect will be treated with respect.

Before your flight...

Low humidity in airplane cabins can cause people to lose as much as 3 oz. of water during an eight-hour flight. That can be compounded by loss from alcohol and caffeine ingestion and can lead to dehydration and related complications. When diving the next day (sometimes within 10 hours of arrival), your risk of DCS can increase. To maintain hydration in flight, take along your own water bottle.

Skin N Scuba 9300 E. 35th Street Independence, MO 64052 816-358-0855 PADI 5-Star IDC Ctr S-M-T-W-T-F-S

Fall Creek Inn 417-348-1683 Special Diver Rates

Table Rock Inn 800-234-5890 **Scuba Adventures**

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Australia 2005

Check out our web site at http://www.sjscuba.com/Australia/Australia.htm



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